

E. S. S. A. N E W S

FEBRUARY 2010



WINTER WEATHER

The snow and ice may have kept us off the water for a couple of weeks but the programme is now running. As soon as the ice melted on a couple of days over the half term, the sailors, paddlers and dragon boat paddlers have been out in rain, sleet & sunshine.

BROOKBANK SAILING - MASTER CLASSES

The recently opened Brookbank store at Lea Road, Waltham Abbey (opposite the Olympic White Water Centre & near McDonalds) is running a series of masterclass evenings of lectures and workshops with well known stars of the sailing and paddling world.

The Boat Whisperer Thursday 25th February 7pm This evening will improve your sailing.

Rush Sturges & Tyler Bradt - Thursday 5th March 7pm Exciting paddling.

To book__ <http://www.brookbanklondon.co.uk/masterclass-workshops>

VOLUNTEER HOURS

Want to find out how many hours you volunteered at ESSA last year? The hours are now on the ESSA CREW website.

ESSA CREW TRAINING DAY -

Saturday 27th Feb OR Sunday 7th March 09.45-16.00

Crew must attend **ONE** day for an update on changes around the site, new procedures, plans for the coming year and try our new boats.

It is important that you attend as it will also be an opportunity to update your records and let us know what courses or skill sessions you want to do. Please advise Marion which day you will be attending.

BASIC NAVIGATION COURSE Saturdays 27th February & 6th March

This 2 day theory course is suitable for both dinghy sailors & powerboat drivers who are planning to use the rivers and inshore waters. 2 places available.

TRADITIONAL RAFTING - Training and Assessment for Permits

Sunday 28th February A few places available.

If you want to run the Traditional rafting at ESSA you will need to attend our training and assessment session.

Under Scout Association rules our water is classed as B1 so you are required to complete an assessment for the Scout permit scheme. Have a look at the Scoutbase website for the Traditional Rafting factsheet fs 120668 and assessment ac120950. Factsheet fs120100 and 120101 will tell you how the permit scheme works.

There will be a training session followed by an assessment. On successful completion of the assessment you will receive an ESSA certificate and complete a Scout permit application form. Contact Marion to book the course. Please practise a clove hitch, reef knot and square lashing.

Useful website for knots http://www.geocities.com/guide_camp/knots.html

ADVANCED SAILING COURSES - RYA RACING or SPINNAKERS

13th & 20th March

You will need to have completed Adult Level 2 or Youth Stage 4 or have equivalent experience. Limited number of places.

Thinking about signing up for the advanced courses? Racing, trapezeing or spinnakers?

Take a look at the RYA website for some useful info

<http://www.rya.org.uk/programmes/skandiateamgbr/sport/Pages/trapezingtechniqueshiscocks.aspx>

PLAYSPORT LONDON - Free Sailing sessions for London residents

Sat 27th March and 4th-9th April 09.45-15.30

Following the success of the Half term sessions we have added more days. These are Sailing sessions for those who have never sailed before and would like to take up the sport. These sessions have been grant funded by Playsport London and there will be opportunities for Saturday or Wednesday evening practice sessions which will lead to RYA qualifications.

Age 9 upwards. Booking is essential. For more details contact Marion

ESSA PADDLERS - Tuesday evenings

Last year the Summer holiday evening sessions attracted many paddlers. We will be increasing the number of sessions and paddling will commence on **Tuesday 6th April**. You must register & book a place. Sign in at 6.15 for a 6.30 start. Ends 8.30.

ESSA SAILING IMPROVERS - Wednesday evenings

Commencing on **Wednesday 7th April**. An opportunity to practice the skills you have learnt on Beginners courses. You must register & book a place. Sign in at 6.15 for a 6.30 start. Ends 8.30.

DRAGON BOAT BASIC HELM OR Centre Level Coach course -

Wednesday 7th April

The one day basic helm course is for those who have previous experience on the water. This is an opportunity to learn to helm our Junior Dragon boats which seat 10 paddlers and a drummer.

The Centre Level Coach course is for those who have completed their Basic helm. There are limited places so please let Marion know if you are interested. It's an exciting sport, good for team work and great fun.

SPONSORED DRAGON BOAT PADDLE SATURDAY 10th APRIL

We are now raising funds to pay for improvements to our buildings and foreshore.

Join us in a sponsored paddle on the River Lea from Harlow to Broxbourne. We are hoping to have enough paddlers to fill both our Dragon Boats. Contact Marion for further details and sponsor forms.

DINGHY SAILING COURSES FOR YOUTH

Youth Stage 1	April 5 th & 6 th OR 12 th & 13 th
Youth Stage 2	April 8 th & 9 th OR 15 th & 16 th
Youth Stage 3 OR 4	April 17 th & 18 th

Those who have completed a stage should practice between courses to ensure that they are ready for the next course. Saturday casual sailing and Wednesday improver sessions are available.

DINGHY SAILING COURSES FOR ADULTS

Level 1 Start Sailing courses for beginners. Course dates from **April- October**

Level 2 Basic Sailing to improve your skills

Adults sail with an Instructor in the dinghy until confident to sail without assistance.

Course dates 1st & 2nd Saturday or 3rd & 4th Sunday of the month from April – October are now on the essa website www.essa.org.uk

BCU 1 OR 2 STAR COURSES- Wednesday evenings

Dates to be confirmed. Courses will run over 4 evenings.

MIKE PERHAMS NEXT ADVENTURE IN APRIL.....

He will be 18 on 16th March! <http://www.youtube.com/watch?v=VfN6UeXEDag>

OPEN DAY Sunday 30th May

10.30-15.00 More details soon

GENERAL COMMITTEE VACANCIES

Building Sub Committee (minimum of 3 people)

Fund Raising sub committee (minimum of 3 people)

Social Secretary

Course Booking Secretary

We need volunteers for the above positions. If you can help, please email Marion for more information.

BOATS & BITS FOR SALE

Topper dinghies, various colours, all ready to sail.

Engines.

9.9hp Mercury 4 stroke, long shaft, lever gear change

15hp Mercury 2 stroke long shaft, twist grip gear change

2010 BOOKINGS

A group booking form or an individual application form is on the diary page of the website, www.essa.org.uk or from the base. Booking forms and 20% deposit must be paid within 14 days to confirm the booking.

Groups will be charged for numbers booked unless we are given 14 days notice of a reduction in numbers. For further information, email courses@essa.org.uk

Many of the evening sessions are now fully booked. Please email for availability.

ENFIELD SCOUT SAILING ASSOCIATION

RYA Training Centre

Principal Marion Caslake

Central Lagoon, Meadgate Road, Nazeing, Essex EN9 2PB

Email marioncaslake@yahoo.co.uk www.essa.org.uk Base Mobile 07773 449205

Registered Charity No 1025713

If you do not wish to receive these emails in the future, please reply with the word "remove" in the subject heading.