

ESSA

Registered Charity No 1025713

RYA Training Centre www.essa.org.uk

Sailing Centre:- Central Lagoon, Meadgate Road, Nazeing, Essex EN9 2PB

Base Mobile 07773 449205

PLAYSPORT - Dinghy Sailing

Name _____

Address _____ Postcode _____

Tel Day _____ Eve _____ Mobile _____

Email _____ DOB _____

Ethnicity _____

Scout/Guide /Youth Group _____ Leaders signature _____
(for under 18 year olds, not applicable for adult over 18 years)

Course Date (PLEASE CIRCLE 1 day) **March 27th** **April 4 5 6 7 8 or 9**

Have you taken part in regular sport or physical activity prior to attending this Play Sport London activity ? **yes / no**

Name of **contact for emergency use** - parent/guardian or other adult

Telephone No during course _____

Do you have any learning difficulties or medical conditions that we should be aware eg Asthma, Diabetes, Epilepsy, Other ? Are you allergic to anything? Do you have regular medication?

The participant **can** swim 50m in light clothing and float for 5 minutes and is fit to take part in this activity.

Signature of participant if over 18 yrs. Signed _____ Date _____

Parents/Guardians Permission if participant is under 18 yrs. I agree to my son/daughter taking part in the above Activity.

Signed Parent/Guardian _____ Date _____

For enquiries, please email :- courses@essa.org.uk

Return form to:- Marion Caslake, ESSA – Playsport, 9 Pollards Close, Goffs Oak, Herts EN7 5JP